

BALTIC TIGER

INTERNATIONAL CHILDREN & YOUTH GAMES
www.btcup.lv

2023

1 APRIL

Riga's National Sports Arena
Kojusalas street 9, Riga, Latvia



ORGANIZER

LATVIAN TAEKWON-DO FEDERATION

ITF.lv



RĪGA

DELTA
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TORŅU
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SALDUMI

OFFICIAL INVITATION

Dear Taekwon-do friends!

The Latvian Taekwon-Do Federation has the honor to inform you about the holding of the 11th International Youth and Children's Taekwon-Do Games "Baltic Tiger 2023".

The Baltic Tiger Cup has a long tradition. The Games start in 2012 and well known in Baltic Sea Region!

We are honored to invite all Taekwon-do ITF clubs to take part in our competitions which will be held in Riga, Latvia, on 1st April 2023.

The Baltic Tiger Cup is still one of the official events in the city of Riga, supported by the Department of Education, Culture and Sports of the Riga City Council since 2013.

We are waiting for you and wish you a pleasant stay in Riga, in the beautiful Baltic country - Latvia!



Chairman of organizing committee:
Master Vjaceslavs Semenkovs



Organized by



Latvian Taekwon-do Federation

Supported by



RĪGAS DOMES
IZGLĪTĪBAS, KULTŪRAS
UN SPORTA DEPARTAMENTS

GENERAL INFORMATION (v.2.0)

DATE: 1st of April 2023
PLACE: Riga's Sports Arena "Arkadia", Kojusalas iela 9, Riga, Latvia.
ORGANIZER: Latvian Taekwon-do Federation,
CONTACT: itf.latvia@gmail.com, ph.: +371 29510010, President: Master Vjacheslav Semenov

IMPORTANT DATES:

March 1, - Deadline for those who need entry visa to Latvia (Schengen) entry forms
March 1, - Deadline for teams to ask for pre-confirmation of participation
March 17, - Deadline for All Entry Forms, for booking of Accommodation & for deposit.
March 31, - Team arrival to Riga, registration and weight-in control (from 14:00 – 21:00)

REGULATIONS:

1. **Participants.** Club's team members in age from 5 to 16 years old and with qualification 10 gup – 2nd Dan, which will be included in the Team application list. There are 8 groups:

Child 1	Female 5-7 y.	Male 5-7 y.
Child 2	Female 8-10 y.	Male 8-10 y.
Cadets	Female 11-13 y.	Male 11-13 y.
Juniors	Female 14-16 y.	Male 14-16 y.

Number of participants is unlimited. Competitors need to show national passport. Athletes will participate at their club's responsibility.

- 1.1. **Entry fee.** The cost is **35 EUR** / per competitor for all kinds of program without limitation.

1.2. **CHECK POINT FOR REGISTRATION**

Coach check-in. On **March 31**, in sport hall the team leader check-in the arrival and sign the original application for participation, pay all necessary fees for the participation & accommodation of whole team.

Registration for participants and weigh-in will be after coach check-in (carry a passport, medical sports insurance for the period of the competition).

Penalties. If the weight of the athlete does not correspond to the officially declared weight, then the athlete must pay an extra fee of **10 EUR** for admission to the competition in the corresponding real weight of the weight category.

PROGRAM OF THE GAMES

2. Taekwon-do ITF competitions program

It is necessary to observe the Tournament rules of the International Taekwon-Do Federation (ITF) and Latvian Taekwon-do Federation (LTF). Taekwon-do ITF competitions program consist from 2 (two) kinds of competitions:

- ❖ Individual Patterns (Male and Female)
- ❖ Individual Sparring (Male and Female)

2.1. Individual Patterns (5-16 years old)

<i>Nr</i>	<i>code</i>	<i>Group name</i>	<i>age</i>	<i>Gup / Dan</i>
1	Tul-1	White belts, male	5-7 y.	10-9 Gup (Saju Chirugi – Chon Ji)
2	Tul-2	White belts, female		10-9 Gup (Saju Chirugi – Chon Ji)
3	Tul-3	Yellow belts, male		8-7 Gup (Chon Ji – Do San)
4	Tul-4	Yellow belts, female		8-7 Gup (Chon Ji – Do San)
5	Tul-5	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
6	Tul-6	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
7	Tul-7	White - Yellow belts, male	8-10 y.	10-7 Gup (Chon Ji – Do San)
8	Tul-8	White - Yellow belts, female		10-7 Gup (Chon Ji – Do San)
9	Tul-9	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
10	Tul-10	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
11	Tul-11	Red & Blue belts, male		4-1 Gup (Chon Ji – Chung Moo)
12	Tul-12	Red & Blue belts, female		4-1 Gup (Chon Ji – Chung Moo)
13	Tul-13	White - Yellow belts, male	11-13 y.	10-7 Gup (Chon Ji – Do San)
14	Tul-14	White - Yellow belts, female		10-7 Gup (Chon Ji – Do San)
15	Tul-15	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
16	Tul-16	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
17	Tul-17	Red & Blue belts, male		4-1 Gup (Chon Ji – Chung Moo)
18	Tul-18	Red & Blue belts, female		4-1 Gup (Chon Ji – Chung Moo)
19	Tul-19	Black belts, male	14-16 y.	1 Dan (Chon Ji – Juche)
20	Tul-20	Black belts, female		1 Dan (Chon Ji – Juche)
21	Tul-21	White - Yellow belts, male		10-7 Gup (Chon Ji – Do San)
22	Tul-22	White - Yellow belts, female		10-7 Gup (Chon Ji – Do San)
23	Tul-23	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
24	Tul-24	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
25	Tul-25	Red & Blue belts, male		4-1 Gup (Chon Ji – Chung Moo)
26	Tul-26	Red & Blue belts, female		4-1 Gup (Chon Ji – Chung Moo)
27	Tul-27	Black belts, male		1-2 Dan (Chon Ji – Juche)
28	Tul-28	Black belts, female		1-2 Dan (Chon Ji – Juche)

- 2.1.1. Will be only one **designated** pattern for color belts in preliminary bouts and two patterns **optional** & **designated** in semi-finals & finals.

2.2. Individual Sparring (6-16 years old)

2.2.1. Participants demonstrating Taekwon-do ITF free sparring technique.

2.2.2. **Blows to the head by the hands restricted in age division Child-1 (6-7 years)!**

2.2.3. According to the participants age there will be following sparring categories:

CHILD-1 (6-7 years), 2 Rounds x 1min. No blows by the hands to the head!					
Male	- 25 kg	-30 kg	- 35 kg	- 40 kg	+ 40 kg
Female	- 25 kg	-30 kg	- 35 kg	- 40 kg	+ 40 kg

CHILD-2 (8-10 years), 2 Rounds x 1,5min. Regular ITF rules.					
Male	- 30 kg	- 35 kg	- 40 kg	- 45 kg	+ 45 kg
Female	- 30 kg	- 35 kg	- 40 kg	- 45 kg	+ 45 kg

CADET (11-13 years), 2 Rounds x 1,5min. Regular ITF rules.								
Male	- 30 kg	-35 kg,	-40 kg,	-45 kg;	-50 kg;	-55 kg	- 60 kg;	+ 60 kg
Female	- 30 kg	-35 kg,	-40 kg,	-45 kg;	-50 kg;	-55 kg	-60 kg;	+ 60 kg

JUNIOR (14-16 years), 2 Rounds x 2min. Regular ITF rules.							
Male	-45 kg	-50 kg	-55 kg	-60 kg	-65 kg	- 70 kg;	+ 70 kg
Female	-40 kg	-45 kg	-50 kg	-55 kg	-60 kg	-65 kg	+ 65 kg

2.2.4. Tournament organizer can merge weight categories in same age division if there will be less than 4 competitors.

2.2.5. Compulsory safety equipment.

Coaches must ensure that the participants have all Taekwon-do ITF sparring protective equipment:

- **Gloves** (open palm gloves or boxing gloves not bigger than 10 oz) blue and red color. Other colors will not be allowed;
- ❖ **Head guards** with close top, blue and red color. Other colors will not be allowed;
- ❖ **Feet protectors**, ITF standard safety equipment for sparring can be blue & red or any neutral color;
- ❖ **Shin guards, Mouth guard** are compulsory for all ages;
- ❖ **Groin protector** is compulsory only for male for all ages;
- ❖ **Chest protector** (inside Dobok) is compulsory only for female from 14 y. old;

3. Universal part of competitions program

Representatives of any other kind of martial arts can take part in this part of competitions.

Program of universal part consist from 2 (two) kinds of competitions:

- ❖ **Teams Relay race (or "Team Special Technique")**

❖ **TOTAL FORCE and ENERGY of blows (or "Power Test")**

3.1. Team Relay race (Team Special technique)

3.1.1. Age divisions: Child-1 (5-7y.), Child-2 (8-10y.), Cadet (11-13y.), Junior (14-16y.)

3.1.2. In time of registration in ITF Data base make registration in **Team Special technique**.

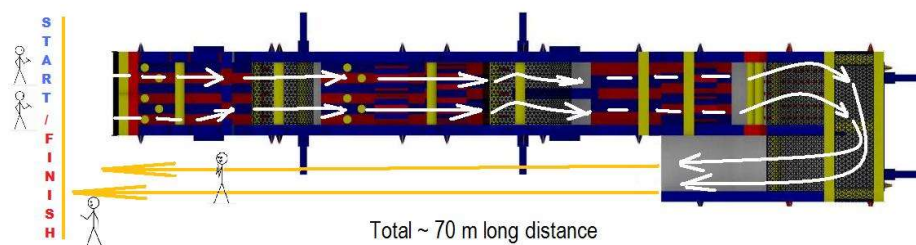
3.1.3. **4 (four)** athletes (boys or/and girls) are **united in a team** competing in overcoming the obstacle course with other teams. Competitions are held on the Olympic system (with elimination).

3.1.4. The team participating in the relay can be dressed in any sports uniform (without shoes), but in the same style (Dobok or shorts and T-shirt or tracksuit etc.).

3.1.5. The club can declare an unlimited number of teams consisting of 4 athletes (boys and girls) from the same age division. One and the same athlete cannot participate in different teams.

3.1.6. Before the start of the teams will be given the opportunity to test the track.

TEAM RELAY RACE SCHEME



3.2. TOTAL FORCE and ENERGY of blows (Power Test)

3.2.1. Age divisions: Male - Cadet (11-13y.), Junior (14-16y.); Female - Cadet (11-13y.), Junior (14-16y.);

3.2.2. Competitions are held on professional high-precision electronic equipment Real Strike@ in a boxing bag shape. The electronic system takes into account only blows inflicted with force exceeding the minimum limit of 100kg.

3.2.3. For 10 seconds repeated circular **round kick** (Dollyo chagi) strokes are carried out on the bag with the instep of foot. Only one attempt will be given for each of participant.

3.2.4. According to the results of the electronic meter indicators, 1st, 2nd and 3rd place winners are determined in each age group.

4. Accommodation

We offer you two kinds of Hotel booking for accommodation:

4.1. You can organize accommodation by yourself though internet. In this case we not offer accommodation free of charge for head of team & for coach. Or if it's necessary, you can order accommodation provided by organizer on the terms of a **preliminary reservation with payment of the deposit** by the deadline provided in these Regulations (**IMPORTANT DATES**).

4.2. Cost for accommodation provided by organizer is valuable with deposit only.
All prices above are **per person** for a **double room** with **breakfast**.

4.3. The deposit for the reservation at the specified prices must be paid until **17th of March, 2023**.

4.4. Delegations that need Entry visa to Latvia must paid for the Hotel until **1st of March, 2023**. After deadline, the price increases by 10% and availability is not guaranteed!

International Children & Youth Taekwon-do Games
"BALTIC TIGER 2023"

Duration of stay:	Package A **** 4 -stars Hotel in Riga Center	Package B *** 3-stars Hotel near the Hall
1 night	50 €	35 €
2 nights	100 €	70 €
Extra Day	50 €	35 €
For single room	add 25 € per day	add 20 € per day

Accommodation can be carried out in any hotel independently by your-self. The Organizing Committee guarantees accommodation and transfer only in the case of provisional application from the teams, made up to the deadline.

5. Transfer

5.1.1. If you need transfer from AIRPORT or RAILWAY station to the hotel or/and to the stadium, please contact us before Deadline. Cost for transfer **20.00 EUR** per person. Transfer includes a meeting at the airport or the Railway station, bus to the hotel and to the Sports Hall, transfer to the airport or Railway station.

6. Payment methods

6.1. There are **two types** of Entry payment for competitors:

- ❖ Bank transfer to organizer bank account. Mandatory for those teams who need an entry visa to Latvia and for those teams who need accommodation provided by organizer. Can use only for pre-payment.

Payment shall be deposited in following beneficiary's account **no later than 17th March 2023:**

PAYMENT TO: LATVIJAS TEKVON-DO FEDERACIJA
COMPANY ID: 40008023321
BANK NAME: SEB BANKA
BIC CODE (SWIFT): UNLALV2X
ACCOUNT: LV17 UNLA 0050 0115 1551 2

Please note the purpose of Payment **Baltic Tiger entry fee** and your **Team name**

or

- ❖ In Cash (EURO). Paid by head of delegation at spot in the time of registration **31st of March.**

7. UMPIRES

Each club (team) ensures at least minimum 1-2 qualified referee for whole competitions days. The referees must be dressed according to the ITF rules. All referees have the obligation to attend the registration together with the competitors from their team.

Attention: The Organizing committee will cover accommodation of 2 nights for 1 or 2 Umpires in 3-stars hotel (in double room with breakfast) and buffet in competition hall during the competition days.

8. TROFIES & AWARDS

- 8.1. For the 1st, 2nd and 3rd place in each of individual tournament disciplines, participants will be awarded with tournament medals and diplomas, 1- 2 -3 place in Team Overall with Big cups.
- 8.2. For 1st, 2nd and 3rd place in Team Relay the team will be awarded by Team Cup and all members by medals & diplomas.
- 8.3. Athletes who have won prizes must be present at the awarding ceremony and go out for rewards dressed **a team sports suit or in Dobok.**
- 8.4. Athletes who do not show up for the awards will forfeit their awards. The awards of athletes who did not show up for the awards ceremony **will not be given** to coaches!

9. Registration of athletes and teams:

Takes place from **25th of February till 17th of March** using the online registration system. Registration is carried out by the head of the delegation or the head coach of the team using ITF Data Base here: <https://data.taekwondo-itf.com/event/31723/4799> More info about events: www.btcup.lv/en/
Please, if any problem with registration, connect to us for support.

- 9.1. **ENTRY FORMS for accommodation.** If you need our help for organizing of your accommodation, so let us know ASAP and we start organizing process. Completed application forms for accommodation must be submitted to organizing committee according to the terms and conditions of these Regulations (find **IMPORTANT DATES**).
Download application form here: www.btcup.lv/hotel.doc
- 9.2. Application for Accommodation must be sending by e-mail to itf.latvia@gmail.com to Latvian Taekwon-do Federation, Master V. Semenkov ph. +371 295-100-10.

Preliminary schedule of events (possible small changes)

31st March, in Riga's Sports Arena "Arkadia", Kojusalas street 9, Riga.

14:00 - 20:00 - team registration and weight-in (is possible by prior arrangement)

1st April, in Riga's Sports Arena "Arkadia", Kojusalas street 9, Riga.

08:00 - 09:30 - team registration and weight-in for those who not registered on 31/03
09:00 - 09:30 - umpires meeting
10:00 - 14:00 - competitions
14:00 - 15:00 - opening ceremony & show program, 1-awards
15:00 - 19:00 - competitions
19:00 - 19:30 - 2-awards

Riga waiting you!



Organizing committee:

Email: itf.latvia@gmail.com; ph. + 371 295-100-10; WEB: www.BTcup.lv